

Easy Lemon Avocado Pasta

Ingredients (serves 2-3)

½ to 1 lb. prepared pasta, al dente

2 large avocados, halved, seeded, peeled and diced

2 fresh lemons, zested and juiced

2-3 Tablespoons Good Olive Oil

½ teaspoon salt

½ teaspoon pepper

Directions

While the pasta is cooking, place the remaining ingredients in a food processor and process until you reach the desired smoothness.

Serve over hot pasta.

Note: You can prepare this without a food processor by mashing and mixing the ingredients together with a fork or potato masher. Also, feel free to add other seasonings or some diced fresh tomatoes.