

## Quick, Mustard Mashed Potatoes

*Serves 4*

1 ½ lbs small Yukon Gold Potatoes (Pick through the bulk bin and get the smallest ones with the tender skins)

2/3 cup milk

1 tbs whole grain mustard

Salt and pepper to taste

Cut the potatoes into ¾ inch pieces and place in a large microwave safe bowl and add 3 tbs of water. Cover with plastic and microwave until tender, about 12 minutes.

Drain the potatoes, if needed. Warm the milk in the microwave for about a minute. Add to the potatoes along with the mustard and salt and pepper. Coarsely mash with a potato masher or fork and enjoy.